

## SECTION .0500 – WIC PROGRAM FOOD PACKAGE

### 10A NCAC 43D .0501 SUPPLEMENTAL FOODS

(a) The foods that may be provided to WIC program participants are specified in 7 C.F.R. 246.10, which is incorporated by reference including any subsequent amendments and editions. This material is available for inspection at the Department of Health and Human Services, Division of Public Health, 5601 Six Forks Road, Raleigh, North Carolina 27609 and may be obtained from Nutrition Services at no cost.

(b) The following exclusions from the food package have been adopted by the North Carolina WIC Program:

- (1) mackerel and sardines;
- (2) goat milk; and
- (3) dried fruits and vegetables.

(c) The State agency may exclude foods other than those described in Paragraph (b) of this Rule if it determines such foods to be inappropriate for provision as supplemental foods through the WIC Program as a result of their cost, nutritional composition, packaging, statewide availability, participant redemption data, or promotion in a manner which is contrary to the purpose of the program as contained in 7 C.F.R. 246.1.

*History Note: Authority G.S. 130A-361; 7 C.F.R. 246.10; 42 U.S.C. 1786;  
Eff. July 1, 1981;  
Amended Eff. October 1, 1993; October 1, 1990; July 1, 1989; October 1, 1988;  
Temporary Amendment Eff. July 1, 2002;  
Amended Eff. October 1, 2009; August 1, 2004;  
Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. December 23, 2017;  
Amended Eff. March 1, 2020.*